

Republic of the Philippines Department of Health **OFFICE OF THE SECRETARY**

APR 27 2020

ADMINISTRATIVE ORDER No. 2020 - 0015

SUBJECT: <u>Guidelines on the Risk-Based Public Health Standards for</u> <u>COVID-19 Mitigation</u>

I. RATIONALE

Coronavirus Disease 2019 (COVID-19) was first identified last December 2019 as a cluster of pneumonia cases of unknown etiology. On 30 January 2020, the World Health Organization declared the COVID-19 outbreak as a Public Health Emergency of International Concern and eventually as a Global Pandemic by 11 March 2020.

In the absence of specific treatment or a vaccine, non-pharmaceutical interventions (NPI) form the backbone of the response to the COVID-19 outbreak. Non-pharmaceutical interventions are public health strategies meant to mitigate and suppress transmission of infectious diseases. While the Enhanced Community Quarantine (ECQ) has been instrumental in slowing the rapid spread of the disease, local evidence suggests that the gains from the ECQ will be reversed in the absence of complementary interventions that will minimize case resurgence.

The Inter-Agency Task Force on Emerging Infectious Diseases (IATF-EID) Resolution No. 28 mandates that minimum public health standards must be specified by the Department of Health (DOH) and adhered to by all sectors. These standards shall serve as a guide in institutionalizing key NPIs to combat COVID-19.

II. OBJECTIVE

This Order aims to provide guidance for sectoral planning on the implementation of NPIs as minimum public health standards to mitigate the threat of COVID-19. It shall serve as a basis in the decision-making process and development of more specific sectoral policies for COVID-19 response.

III. SCOPE AND COVERAGE

This Order shall apply to all entities involved in COVID-19 response both from public and private sectors, including all national government agencies (NGAs), government offices, private offices and workplaces, local government units (LGUs), development partners, academic and research institutions, civil society organizations,, and all others concerned.

IV. DEFINITION OF TERMS

A. Administrative Controls - refer to procedural interventions or modifications in policies, standards, and processes, that are meant to reduce the frequency and severity

of exposure to infectious diseases (e.g. hygiene and disinfection protocols, work shifting, etc.)

- **B.** Comorbidity at risk of COVID-19 exacerbation presence of one or more additional conditions co-occurring with (that is, concomitant or concurrent with) a primary condition that increases an individual's risk for mortality if afflicted by COVID-19. This includes immunocompromised individuals (such as but not limited to those with cancer, HIV/AIDS and other autoimmune disorders) and individuals with chronic conditions (such as but not limited to hypertension, diabetes mellitus, and chronic kidney disease).
- **C. Engineering Controls** refer to physical interventions or modifications in spaces or environments, that is meant to prevent the transmission of infectious diseases (e.g. use of physical barriers, exhaust ventilation, etc.)
- **D.** Medical-grade Protective Apparel refers to the specialized personal protective equipment worn by healthcare workers and other frontliners involved in the disease outbreak response, for the purpose of protection against infectious materials. These include surgical face masks, N95 respirators, face shield or goggles, coveralls, isolation gowns, surgical gloves, protective oversleeves, head cap, and shoe cover, among others.
- **E.** Modification Potential refers to the degree to which mitigation strategies and other public health measures can reduce the risk of COVID-19 transmission in different settings.
- **F.** Most-at-risk Population (MARP) for COVID-19 refers to population groups who have a higher risk of developing severe COVID-19 infection such as individuals aged 60 and above, pregnant, and those with underlying conditions or comorbidity at risk of COVID-19 exacerbation.
- **G.** Non-pharmaceutical Interventions (NPI) refers to public health measures that do not involve vaccines, medications or other pharmaceutical interventions, that individuals and communities can carry out in order to reduce transmission rates, contact rates, and the duration of infectiousness of individuals in the population.
- **H. Protective Personal Equipment-** refers to protective garments or equipment worn by individuals to increase personal safety from infectious agents
- I. Vulnerable groups refers to socially disadvantaged groups that are most susceptible to suffer directly from disasters and health events. These include senior citizens, immunocompromised individuals, women, children, persons deprived with liberty (PDL), persons with disabilities (PWDs), and members of indigenous peoples (IPs), internally displaced persons (IDPs), indigenous cultural communities (ICCs), among others.

V. GENERAL GUIDELINES

A. The DOH shall set minimum public health standards to guide the development of sector-specific and localized guidelines on mitigation measures for its COVID-19 response across all settings - such as but not limited to home, public places, offices and workplaces, high-density communities, food and other service establishments, schools, hotels and other accommodations, churches and places of worship, prisons and other places of detention, public transportation (air, land, and water transport), and health facilities.

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B*K***.** The adoption and implementation of the standards shall be guided by the following principles:

1. Shared accountability

- a) Health is a key development objective that is the shared accountability of the government, communities, households, and individuals.
- b) A whole-of-system, whole-of-government, whole-of-society approach is essential to develop cohesive solutions to current and future challenges to public health and national security.
- c) All efforts shall espouse the government's strategic directions of national government-enabled, local government-led, and people-centered response to the COVID-19 health event.

2. Evidence-based decision-making

- a) Evidence shall guide policy development and decision-making at all levels of government.
- b) As science continues to evolve, all actors shall periodically assess and recalibrate policies, plans, programs and guidelines.

3. Socioeconomic equity & rights-based approach

- a) Recognizing that vulnerabilities are socially determined, it is important to be cognizant of the equity considerations and implications of blanket policies, plans, and programs that are being conceptualized for scaled-up implementation. Vulnerable groups should therefore be identified and provided additional social safety net protections.
- b) Policy design shall always choose the least restrictive alternative that achieves its goals.
- c) In the event of any conflict of rules or guidelines, the interpretation shall ensure the protection of human rights. As such, the safety, needs, and well-being of the individual shall prevail.

C D. All policies, investments, and actions shall ensure that COVID-19 mitigation objectives are achieved using the following strategies:

1. Objective 1: Increase physical and mental resilience

- a. Ensure access to basic needs of individuals, including food, water, shelter and sanitation.
- b. Support adequate nutrition and diets based on risk.
- c. Encourage appropriate physical activity for those with access to open spaces as long as physical distancing is practiced.
- d. Discourage smoking and drinking of alcoholic beverages.
- e. Protect the mental health and general welfare of individuals.
- f. Promote basic respiratory hygiene and cough etiquette.
- g. Protect essential workforce through provision of food, PPE and other commodities, lodging, and shuttle services as necessary.
- h. Provide financial and healthcare support for workforce who contracted COVID-19 through transmission at work.
- i. Limit exposure of MARP groups, such as through limitation in entry or prioritization in service or provision of support.
- j. Provide appropriate social safety net support to vulnerable groups for the duration of the COVID-19 health event.

2. Objective 2: Reduce transmission

- a. Encourage frequent hand washing with soap and water, and discourage the touching of the eyes, nose, and mouth, such as through appropriate information and education campaigns.
- b. Encourage symptomatic individuals to stay at home unless there is a pressing need to go to a health facility for medical consultation, if virtual consultation is not possible.
- c. Ensure access to basic hygiene facilities such as toilets, handwashing areas, water, soap, alcohol/ sanitizer.
- d. Clean and disinfect the environment regularly, every two hours for high touch areas such as toilets, door knobs, switches, and at least once every day for workstations and other surfaces.
- e. Ensure rational use of personal protective equipment (PPEs) that is suitable to the setting, and the intended user. Medical-grade protective apparel shall be reserved for health care workers and other frontliners, and symptomatic individuals at all times.

3. Objective 3: Reduce contact

- a. Implement strict physical distancing at all times, specially at public areas, workstations, eating areas, queues, and other high traffic areas.
- b. Reduce movement within and across areas and settings.
- c. Restrict unnecessary mass gatherings.
- d. Limit non-essential travel and activities.
- e. Install architectural or engineering interventions, as may be deemed appropriate.
- f. Implement temporary closure or suspension of service in high risk areas or establishments, as necessary.

4. Objective 4: Reduce duration of infection

- a. Identify symptomatic individuals and immediately isolate, such as through the use of temperature scanning, symptom self-monitoring, and voluntary disclosure.
- b. Coordinate symptomatic individuals through appropriate health system entry points such as primary care facilities or teleconsulting platforms.
- c. Trace and quarantine close contacts of confirmed individuals consistent with Department of Health guidelines.

VI. IMPLEMENTING GUIDELINES

- A. Risk Severity Grading. All actors (NGAs in coordination with Civil Service Commission, LGUs and/or Private Sector) shall base their COVID-19 mitigation response from the IATF-EID's risk severity grading (e.g., Low, Moderate, and High Severity)
- B. Risk-based Public Health Standards Across Settings. At the minimum, all actors shall implement the prescribed interventions in various settings (Annex A) depending on their Risk Severity Grading. For each prescribed intervention, concrete examples of corresponding hazard controls (e.g. engineering control, administrative control, and PPEs.) are provided.

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Depending on the risk severity grading:

- 1. Interventions that are listed as 'MUST DO' shall be mandatory. See Annex B.
- 2. Interventions that are listed as 'CAN DO' shall be optional, and may be tailored further as guided by the Modification Potential Matrix on Annex C.1.

NGAs shall build on the identified interventions in developing sector-specific policies and plans, and may propose adjustments for additional interventions inconsistent with those indicated in this Order.

C. Prioritizing Additional Mitigation Strategies based on Modification Potential.

All actors may implement additional mitigation interventions for different settings. The Modification Potential Matrix provided for in **Annex C.1**, rated settings based on the likelihood that it can be modified to lessen contact. All actors are encouraged to prioritize settings that scored high, followed by medium, then low.

VII. ROLES AND RESPONSIBILITIES

A. DOH shall:

- 1. Provide technical assistance in facilitating inter-agency or sector-specific planning;
- Continue to update the set minimum public health standards based on most recent evidence available and issue succeeding updates through DOH Department Circulars;
- 3. Develop standards, systems, and guidelines on operationalizing post-ECQ interventions;
- 4. Engage stakeholders and promote awareness on NPIs and its importance, including relevant and accurate information about appropriate protocols; and
- 5. Consolidate reports and recommendations from NGAs and LGUs for endorsement to the IATF-EID and other agencies concerned

B. Other National Government Agencies shall:

- 1. Develop and submit their sector-specific plans and guidelines on the operationalization of the risk-based public health standards to the DOH, which shall be consolidated and endorsed by the Secretary of Health to the IATF; and
- 2. Submit to the DOH sector-specific monitoring tools to track compliance.

C. Local Government Units shall:

- 1. Ensure implementation of risk-based public health standards for COVID-19 mitigation;
- 2. Set up mechanisms to monitor compliance and submit reports according to provided tools;
- 3. Coordinate with DOH and other NGAs in carrying out these guidelines;
- 4. Develop counterpart local ordinances, to ensure compliance with national directives at the local level; and
- 5. Ensure immediate and widest dissemination of these guidelines to all units/sectors within their jurisdiction

D. Industries and the Private Sector shall:

1. Comply with the risk-based public health standards set by DOH, sector-specific policies and plans by other NGAs, and other relevant rules and regulations

VIII. REPEALING CLAUSE

Other related issuances not consistent with the provisions of this Order are hereby revised, modified, or rescinded accordingly. Nothing in this Order shall be construed as a limitation or modification of existing laws, rules and regulations.

IX. SEPARABILITY CLAUSE

Should any provision of this Order or any part thereof be declared invalid, the other provisions, insofar as they are separable from the invalid ones, shall remain in full force and effect.

X. EFFECTIVITY

This Order shall take effect immediately.

FRANCISCO T. DUQUE III, MD, MSc Secretary of Health

	Minimum Requirements by Settings						
Intervention	A. Home	B. Public Places	C. High-Density Communities	D. Offices/ Workplaces	E. Food and Other Service Establishments		
1. INCREASE PHYSICAL	AND MENTAL RESILIENC	CE					
1.1 Respiratory Hygiene and Cough Etiquette	 Practice respiratory etiquette at all times. Use tissue or the inner portion of the elbow to cover the nose and mouth when sneezing/coughing. Practice proper disposal of tissue after use. Engineering Control: None Administrative Control: None PPE: Cloth mask for general public or surgical mask for symptomatic individuals 	 Practice respiratory etiquette at all times. Use tissue or the inner portion of the elbow to cover the nose and mouth when sneezing/coughing. Practice proper disposal of tissue after use. Engineering Control: None Administrative Control: None PPE: Cloth mask for general public or surgical mask for symptomatic individuals if going to a health facility. 	Practice respiratory etiquette at all times. Use tissue or the inner portion of the elbow to cover the nose and mouth when sneezing/coughing. Practice proper disposal of tissue after use. Engineering Control: None Administrative Control: None PPE: Cloth mask for general public or surgical mask for symptomatic individuals	Practice respiratory etiquette at all times. Use tissue or the inner portion of the elbow to cover the nose and mouth when sneezing/coughing. Practice proper disposal of tissue after use. Engineering Control: None Administrative Control: Employers may provide tissues within easy reach in all workstations and communal space PPE: Cloth mask for general public or surgical mask for symptomatic individuals	 Practice respiratory etiquette at all times. Use tissue or the inner portion of the elbow to cover the nose and mouth when sneezing/coughing. Practice proper disposal of tissue after use. Engineering Control: None Administrative Control: Owners may provide tissues in strategic places within the establishment PPE: Cloth mask for general public or surgical mask for symptomatic individuals 		
1.2 Promote Mental Health	Health emergencies can put people in extreme stress. Individuals may reach out to families and friends or a mental health professional through the telemedicine hotlines	Health emergencies can put people in extreme stress. Individuals may reach out to a professional through the telemedicine hotlines Engineering Control: None	Health emergencies can put people in extreme stress. Individuals may reach out to families and friends or a mental health professional through the telemedicine hotlines	Health emergencies can put people in extreme stress. Individuals may reach out to a professional through the telemedicine hotlines Engineering Control: None	Health emergencies can put people in extreme stress. Individuals may reach out to a professional through the telemedicine hotlines Engineering Control: None		

Annex A. Required public health standards across all settings (as of April 27, 2020)

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	Engineering Control: None Administrative Control: None PPE: None	Administrative Control: None PPE: None	Engineering Control: None Administrative Control: None PPE: None	Administrative Control: Employers must provide mental and psychosocial support such as but not limited to providing mindfulness activities/ sessions, in-house counseling, sessions, online counseling, and support groups to its employees Employees Employers to promote work-life balance through proper scheduling of activities and rotation of workforce PPE: None	Administrative Control: Owners must provide mental and psychosocial support such as but not limited to in-house counseling sessions, online counseling, and support groups to its employees Owners to promote work-life balance through proper scheduling of activities and rotation of workforce PPE : None
1.3 Reduce exposure of vulnerable individuals (e.g., senior citizens, individuals with underlying health conditions) to prevent infection	Elderly, individuals with underlying conditions, and pregnant women must stay at home and limit their travel to essential or urgent needs. They should also minimize their exposure from individuals who frequently leave the house. Engineering Control: None Administrative Control: Daily monitoring of individuals at risk; and	Elderly, individuals with underlying conditions, and pregnant women must stay at home and limit their travel to essential or urgent needs Engineering Control: None Administrative Control: LGUs and establishment owners must designate specific lanes or areas for the elderly, individuals with underlying conditions, and	Elderly, individuals with underlying conditions, and pregnant women living in high-density communities must stay at home and limit their travel to essential or urgent needs Engineering Control: None Administrative Control: None PPE: Cloth mask for general public or surgical mask for symptomatic	Elderly, individuals with underlying conditions, and pregnant women may be asked not to physically report to work Engineering Control: None Administrative Control: Employers must provide alternative work arrangements to the elderly, individuals with underlying	Elderly, individuals with underlying conditions, and pregnant women may be asked not to report to work Engineering Control: None Administrative Control: Owners must designate specific lanes or areas for the elderly, individuals with underlying conditions, and pregnant women within the
	contingency planning by the household for accessing healthcare or purchasing of	pregnant women in public places	individuals	conditions, and pregnant women for the duration of COVID-19 health event	establishment PPE : Cloth mask for general

	medication from pharmacy in case of emergency.PPE: Cloth mask for general public or surgical mask for symptomatic individuals	LGUs must provide transport services to health facilities for vulnerable groups needing health care. PPE : Cloth mask for general public or surgical mask for symptomatic individuals		PPE : Cloth mask for general public or surgical mask for symptomatic individuals	public or surgical mask for symptomatic individuals
1.4 Provision of support for essential workforce (ex: financial, lodging, shuttle, food,etc.)	N/A	Engineering Control: None Administrative Control: Provision of financial, transportation, food, and other services as needed PPE: Cloth mask for general public, or medical-grade protective apparel, depending on the intended user (personnel managing checkpoints, monitoring of public spaces) and setting	N/A	Engineering Control: Provision of temporary accommodations to employees, if necessary Administrative Control: Provision of financial, transportation, food, and other services to employees as needed PPE: Cloth mask for general public, or medical-grade protective apparel, depending on the intended user/setting	Engineering Control: Provision of temporary accommodations to employees, if necessary Administrative Control: Provision of financial, transportation, food, and other services as needed PPE: Cloth mask for general public, or medical-grade protective apparel, depending on the intended user/setting
1.5 Provision of support for vulnerable groups (ex. Social Amelioration Programs, Food Assistance)	of 2020 - LGUs may further exte - Other NGAs shall cont	nder the Social Amelioration Pro end their support to other vulneral inue or may further expand their provide additional assistance an	ble groups (e.g. PWDs, women assistance to the vulnerable gro	, IPs, IDPs, among others) as ma oups as part of their mandates.	

2. REDUCE TRANSMISSION	N				
2.1 Personal Hygiene (e.g. handwashing with soap and water, sanitizing with hand disinfectants, etc.)	Individuals must wash their hands with soap and water regularly or use hand disinfectants Engineering Control: None Administrative Control: None PPE: None	Individuals must wash their hands with soap and water regularly or use hand disinfectants Engineering Control: Placement of makeshift handwashing facilities, hand sanitizers and dispensers with an alcohol-based solution in all public places , (i.e. areas with high foot traffic, transportation systems) Administrative Control: Ensure routine monitoring and replacement of hand soaps, sanitizers, and other disinfectants in all public places PPE: None	Individuals living in high-density communities must wash their hands with soap and water regularly or use hand disinfectants Engineering Control: None Administrative Control: None PPE: None	Individuals must wash their hands with soap and water regularly or use hand disinfectants Engineering Control: Placement of handwashing facilities, hand sanitizers, and dispensers with an alcohol-based solution in all entrances, exits, areas with high foot traffic and facilities Administrative Control: Employers must ensure daily monitoring and availability of hand soaps, sanitizers, and other disinfectants in restrooms and in all entrances and facilities PPE: None	Individuals must wash their hands with soap and water regularly or use hand disinfectants Engineering Control: Placement of handwashing facilities, hand sanitizers, and dispensers with an alcohol-based solution in all entrances and facilities Administrative Control: Owners must ensure daily monitoring and availability of hand soaps, sanitizers, and other disinfectants within the establishment PPE: None
2.2 Environmental Hygiene (e.g. disinfecting surfaces and objects)	Disinfection of frequently touched surfaces such as but not limited to tables, doorknobs, light switches, phones, toilets, among others using 0.5% bleach solution (100 mL Bleach, 900 mL water) Engineering Control: None Administrative Control:	Disinfection of frequently touched surfaces and objects using 0.5% bleach solution (100 mL Bleach, 900 mL water) at least twice a day Disinfection of purchased items Engineering Control: Placement of foot baths in all entrances (1:10 bleach	Disinfection of frequently touched surfaces such as but not limited to tables, doorknobs, light switches, phones, toilets, among others using 0.5% bleach solution (100 mL Bleach, 900 mL water) Engineering Control: None Administrative Control:	Disinfection of frequently touched surfaces and objects such as but not limited to tables, switches, doorknobs, and workstations using 0.5% bleach solution (100 mL Bleach, 900 mL water) at least once a day Engineering Control: Placement of foot baths in all entrances (1:10 bleach	Disinfection of frequently touched surfaces and objects such as but not limited to tables, switches, doorknobs, and workstations using 0.5% bleach solution (100 mL Bleach, 900 mL water) at least once a day Engineering Control: Placement of foot baths in all entrances (1:10 bleach

	None PPE: None	solution; 1 litre bleach mixed with 9 litres of clean water) Administrative Control: Placement of signs reminding the general public to minimize touching of surfaces in public places Ensure routine cleaning of frequently touched surfaces and objects, and routine cleaning and replacement of disinfectant solutions in foot baths PPE: None	None PPE: None	solution; 1 litre bleach mixed with 9 litres of clean water) Administrative Control: Ensure routine cleaning of frequently touched surfaces and objects, and routine cleaning and replacement of disinfectant solutions in foot baths PPE: None	solution; 1 litre bleach mixed with 9 litres of clean water)s Administrative Control: Ensure routine cleaning of frequently touched surfaces and objects, and routine cleaning and replacement of disinfectant solutions in foot baths PPE: None
2.3 Use of PPE and other medical-grade protective apparel	Engineering Control: None Administrative Control: None PPE: Individuals with flu-like symptoms must wear a medical-grade mask at all times (and the elderly or people with underlying conditions)	Engineering Control: None Administrative Control: None PPE: Healthy or Asymptomatic Individuals shall use cloth face masks in public places. Individuals with suspected flu-like symptoms, or are feeling sick must wear medical-grade mask at all times if they go outside	Engineering Control: None Administrative Control: None PPE: Individuals living in high-density communities must wear cloth face masks when leaving the household Individuals with suspected flu-like symptoms must wear medical-grade mask at all times	Engineering Control: None Administrative Control: Management shall allocate appropriate PPEs to employees (i.e., essential workforce) on duty, depending on the nature of work and contact with the general public. PPE: Healthy or Asymptomatic Individuals shall use cloth face masks.	Engineering Control: None Administrative Control: Owners shall allocate appropriate PPEs to employees (i.e., essential workforce) on duty, depending on the nature of work and contact with the general public. PPE:Individuals may use cloth face masks when going to restaurants and other establishments

2.1 Desetising al	D. C. 1. 1. 1. 1. 1.		10 11		
3.1 Practicing physical Distancing	 Practice physical distancing (at least 1 meter apart) in communal areas (e.g. living room, dining room, etc.) Engineering Control: None Administrative Control: None PPE: Cloth mask for general public or surgical mask for symptomatic individuals 	 Engineering Control: Placement of red marking tapes on the floor to guide individuals to stay at least one meter apart from each other Administrative Control: Limitation on the number of people inside the establishment PPE: Cloth mask for general public or surgical mask for symptomatic individuals 	If possible, practice physical distancing (at least 1 meter apart) in communal areas (e.g. living room, dining room, etc.) Engineering Control: None Administrative Control: None PPE: Cloth mask for general public or surgical mask for symptomatic individuals	Engineering Control: Installation of temporary barriers between cubicles Administrative Control: Employers must limit face to face meetings as much as possible and adopt WFH arrangements. Allow flexible dining policy in the work space/cubicle during lunch break; OR limit the number of individuals who can eat in the pantry at a given time. If WFH are not possible, practice physical distancing in the workplace (at least one meter apart from each co-worker) Employers provide cloth masks to employees. PPE: Cloth mask for general public or surgical mask for symptomatic individuals	Engineering Control: Installation of temporary barriers in front desks, counters, etc. Placement of red marking tapes on the floor to guide individuals to stay at least one meter apart from each other when ordering for food at the counter Administrative Control: Limitation on the number of people inside the establishment PPE: Cloth mask for genera public or surgical mask for symptomatic individuals
3.2 Modified Work Structures and Schedules, and alternative work arrangements	N/A	N/A	N/A	Engineering Control: None Administrative Control: Employers should provide modified alternative	Engineering Control: None Administrative Control: Owners should provide modified alternative

				structures and arrangements PPE: Cloth mask for general public or surgical mask for symptomatic individuals	structures and arrangements (e.g. online transactions and pick-up, drop-off points, delivery services. etc.) PPE: Cloth mask for general public or surgical mask for symptomatic individuals
3.3 Limitation of non-essential services	N/A	N/A	N/A	N/A	Engineering Control: None Administrative Control: Owners should provide modified alternative structures and arrangements for transactions (i.e. pick-up, delivery, drop-off points, online transactions, etc.) PPE: Cloth mask for general public or surgical mask for symptomatic individuals
3.4 Restriction on Mass Gatherings	N/A	Engineering Control: None Administrative Control: Limitation on the number of people in public places PPE: Cloth mask for general public or surgical mask for symptomatic individuals	Engineering Control: None Administrative Control: None PPE: Cloth mask for general public or surgical mask for symptomatic individuals	Engineering Control: None Administrative Control: Suspension of office meetings, conferences, and other large gatherings PPE: Cloth mask for general public or surgical mask for symptomatic individuals	Engineering Control: None Administrative Control: Limitation on the foot traffic within the establishment PPE: Cloth mask for general public or surgical mask for symptomatic individuals

4. REDUCE DURATION OF INFECTION

4. REDUCE DURATION OF IN					
4.1 Detection and isolation of Symptomatic Individuals (at home or in designated community quarantine facilities)	Individuals with flu-like symptoms must be isolated in a separate room or area within the household Engineering Control: None Administrative Control: None PPE: Cloth mask for general public or surgical mask for symptomatic individuals	Individuals with flu-like symptoms must not go to any setting except for health-related concerns, if virtual consultation is not possible. Engineering Control: None Administrative Control: Placement of standard symptom and temperature checks in strategically located areas in public places and proper referral of all individuals with symptoms of ILI PPE: Cloth mask for general public or surgical mask for symptomatic individuals	If possible, Individuals with flu-like symptoms must be isolated in a separate room or area within the household or a community quarantine/ isolation facility when made available by the LGU Engineering Control: None Administrative Control: None PPE: Cloth mask for general public or surgical mask for symptomatic individuals	Engineering Control: None Administrative Control: Employers must subject all employees to temperature checks prior to entering the building/ office spaces and proper referral to appropriate facility for symptomatic employees Employers must monitor all employees daily to ensure proper detection of employees with symptoms Employees with symptoms Employees with mild flu-like symptoms shall adopt a work from home (WFH) arrangement for the duration of COVID-19 health event PPE: Cloth mask for general public or surgical mask for symptomatic individuals	Individuals with flu-like symptoms must not go to any setting except for health-related concerns, if virtual consultation is not possible. Engineering Control: None Administrative Control: Owners must subject all customers to temperature checks prior to entering the establishment PPE: Cloth mask for genera public or surgical mask for symptomatic individuals

	Minimum Requirements by Settings (cont.)						
Intervention	F. Schools	G. Hotels and other accommodations	H. Transportation and Ports of Entry	I. Churches / Places of worship	J. Prisons and other places of detention		
1. INCREASE PHYSICAL	AND MENTAL RESILIEN	CE					
1.1 Respiratory Hygiene and Cough Etiquette	 Practice respiratory etiquette at all times. Use tissue or inner portion of elbow to cover nose and mouth when sneezing/coughing Engineering Control: None Administrative Control: School administration may provide tissues and alcohol hand rub in entrances, corridors and other communal areas. All toilet facilities should have adequate water and soap for handwashing. PPE: Cloth mask for general public or surgical mask for symptomatic individuals 	 Practice respiratory etiquette at all times. Use tissue or inner portion of elbow to cover nose and mouth when sneezing/coughing Engineering Control: None Administrative Control: Hotel Management may provide tissues and alcohol hand rub in communal areas and amenities. All toilet facilities should have adequate water and soap for handwashing. PPE: Cloth mask for general public or surgical mask for symptomatic individuals 	 Practice respiratory etiquette at all times. Use tissue or inner portion of elbow to cover nose and mouth when sneezing/coughing Engineering Control: None Administrative Control: None Management may provide tissues and alcohol hand rub in entrances and exits and along waiting. All toilet facilities should have adequate water and soap for handwashing. PPE: Cloth mask for general public or surgical mask for symptomatic individuals 	Practice respiratory etiquette at all times. Use tissue or inner portion of elbow to cover nose and mouth when sneezing/coughing Engineering Control: None Administrative Control: None PPE: Cloth mask for general public or surgical mask for symptomatic individuals	Practice respiratory etiquette at all times. Use tissue or inner portion of elbow to cover nose and mouth when sneezing/coughing Engineering Control: None Administrative Control: Owners must provide tissues within the establishment PPE: Cloth mask for general public or surgical mask for symptomatic individuals		
1.2 Promote Mental Health	Health emergencies can put people in extreme stress. Individuals may reach out to a professional through the telemedicine hotlines Engineering Control: None	Health emergencies can put people in extreme stress. Services to support mental health must be made available. Engineering Control: None	Health emergencies can put people in extreme stress. Individuals may reach out to a professional through the telemedicine hotlines Engineering Control: None	Health emergencies can put people in extreme stress. Individuals may reach out to a professional through the telemedicine hotlines Engineering Control: None	Health emergencies can put people in extreme stress. Services to support mental health must be made available. Engineering Control: None		

	Administrative Control: Administrators must provide mental and psychosocial support such as but not limited to in-house counseling sessions, online counseling, support groups, etc. PPE: None	Administrative Control: Management must provide mental and psychosocial support such as but not limited to in-house counseling sessions, online counseling, and support groups to its employees PPE: None	Administrative Control: None PPE: None	Administrative Control: None Management can institute activities promoting mental wellbeing and overall health to their constituents including online programs and counseling. Communal online prayer activities PPE : None	Administrative Control: Management must provide mental and psychosocial support such as but not limited to in-house counseling sessions and support groups to employees and inmates PPE: None
1.3 Reduce exposure of vulnerable individuals (e.g., senior citizens, individuals with underlying health conditions) to prevent infection	Engineering Control: None Administrative Control: School administrators may offer alternative arrangements to personnel who are elderly, with underlying conditions, and pregnant. If alternative arrangements are not possible, designated areas in communal areas must be available to high-risk groups PPE: Cloth mask for general public or surgical mask for symptomatic individuals	Engineering Control: None Administrative Control: Availability of designated areas or facilities for the elderly, individuals with underlying conditions, and pregnant women. PPE: Cloth mask for general public or surgical mask for symptomatic individuals	Engineering Control: None Administrative Control: Operators and drivers may designate a specific area for the elderly, individuals with underlying conditions, and pregnant women within the vehicle and waiting area. PPE: Cloth mask for general public or surgical mask for symptomatic individuals	Engineering Control: None Administrative Control: Officiators and religious leaders may designate a specific area for the elderly, individuals with underlying conditions, and pregnant women in the place of worship or offer alternative ways of participation (e.g. online, recorded mass, etc.) PPE: Cloth mask for general public or surgical mask for symptomatic individuals	Engineering Control: None Administrative Control: Availability of designated lanes or areas for the elderly, individuals with underlying conditions, and pregnant women. PPE: Cloth mask for general public or surgical mask for symptomatic individuals
1.4 Provision of support for essential workforce (ex: financial, lodging, shuttle, food,etc.)	Engineering Control: Provision of temporary accommodations to employees, if necessary	Engineering Control: Provision of temporary accommodations to employees, if necessary	Engineering Control: Provision of temporary accommodations to employees, if necessary	N/A	Engineering Control: Provision of temporary accommodations to employees, if necessary

	Administrative Control: Provision of financial, transportation, food, PPE : Cloth mask for general public, or medical-grade protective apparel, depending on the intended user/setting	Administrative Control: Provision of financial, transportation, food, PPE : Cloth mask for general public, or medical-grade protective apparel, depending on the intended user/setting	Administrative Control: Provision of financial, transportation, food, PPE : Cloth mask for general public, or medical-grade protective apparel, depending on the intended user/setting		Administrative Control: Provision of financial, transportation, food, PPE : Cloth mask for general public, or medical-grade protective apparel, depending on the intended user/setting
1.5 Provision of support for vulnerable groups (ex. Social Amelioration Programs, Food Assistance)	of 2020 - LGUs may further extended - Other NGAs shall com - Private sector may also	nder the Social Amelioration Pro- end their support to other vulneration or may further expand their provide additional assistance and	able groups (e.g. PWDs, women r assistance to the vulnerable gro	, IPs, IDPs, among others) as ma oups as part of their mandates.	
2. REDUCE TRANSMISSION	N				
2.1 Personal Hygiene (e.g. handwashing with soap and water, sanitizing with hand disinfectants, etc.)	Engineering Control: Placement of handwashing stations, hand sanitizers, and dispensers with an alcohol-based solution in all rooms, communal areas, and amenities especially eating areas.	Engineering Control: Placement of handwashing stations, hand sanitizers, and dispensers with an alcohol-based solution in all rooms, communal areas, and amenities	Engineering Control: Placement of hand sanitizers and dispensers with an alcohol-based solution in all vehicles, LRT/MRT, bus and train stations, and in all exits and entrances.	Engineering Control: Placement of hand sanitizers and dispensers with an alcohol-based solution at strategic entry points	Engineering Control: Placement of handwashing stations, hand sanitizers, and dispensers with an alcohol-based solution in all rooms, communal areas, and amenities
	Administrative Control: Students and teachers must perform regular and thorough handwashing with soap and water. Allot a specific period of time for handwashing. Hand sanitizers or alcohol-based solutions must be available in all classroom	Administrative Control: Ensure routine monitoring and replacement of hand soaps, sanitizers, and other disinfectants in all rooms and public areas PPE: None	Administrative Control: Ensure routine monitoring and replacement of hand soaps, sanitizers, and other disinfectants in all exits and entrances. PPE: None	Administrative Control: Ensure routine monitoring and replacement of hand soaps, sanitizers, and other disinfectants in all strategic entry points PPE: None	Administrative Control: Ensure routine monitoring and replacement of hand soaps, sanitizers, and other disinfectants in all strategic entry points PPE: None

~	or school facilities Ensure routine monitoring and replacement of hand soaps, sanitizers, and other disinfectants in all classrooms, restrooms, etc. PPE: None				
2.2 Environmental Hygiene (e.g. disinfecting surfaces and objects, waste management, proper disposal of infectious wastes)	Disinfection of tables, doorknobs, desks, and school items using 0.5% bleach solution (100 mL Bleach, 900 mL water) at least twice a day Engineering Control: Placement of foot baths in all entrances (1:10 bleach solution; 1 litre bleach mixed with 9 litres of clean water) Administrative Control: Ensure routine cleaning of frequently touched surfaces and objects, and routine cleaning and replacement of disinfectant solutions in foot baths PPE: None	Regular disinfection of rooms, front desks, counters, and other frequently touched surfaces and objects such as key cards, door handles/knobs, elevator buttons, among others using 0.5% bleach solution (100 mL Bleach, 900 mL water) Engineering Control: Placement of foot baths in all entrances (1:10 bleach solution; 1 litre bleach mixed with 9 litres of clean water) Administrative Control: Ensure routine cleaning of frequently touched surfaces and objects, and routine cleaning and replacement of disinfectant solutions in foot baths Ensure implementation of proper food preparation and handling.	Disinfection of surfaces that are often touched by passengers using 0.5% bleach solution (100 mL Bleach, 900 mL water) at least every two hours Engineering Control: Placement of foot baths in all entrances (1:10 bleach solution; 1 litre bleach mixed with 9 litres of clean water) Administrative Control: Ensure routine cleaning of frequently touched surfaces and objects, and routine cleaning and replacement of disinfectant solutions in foot baths PPE: None	Regular disinfection of chairs, tables, cloths, relics, and other equipment using 0.5% bleach solution (100 mL Bleach, 900 mL water) Engineering Control: Placement of foot baths in all entrances (1:10 bleach solution; 1 litre bleach mixed with 9 litres of clean water) Administrative Control: Ensure routine cleaning of frequently touched surfaces and objects, and routine cleaning and replacement of disinfectant solutions in foot baths PPE: None	Disinfection of surfaces and frequently touched surfaces using 0.5% bleach solution (100 mL Bleach, 900 mL water) at least twice a day Engineering Control: Placement of foot baths in all entrances (1:10 bleach solution; 1 litre bleach mixed with 9 litres of clean water) Administrative Control: Ensure routine cleaning of frequently touched surfaces and objects, and routine cleaning and replacement of disinfectant solutions in foot baths PPE: None

		PPE: Surgical masks for front desk/concierge staff/staff stationed at entry points and at the lobby. Mouth cover and gloves for food preparers and handlers in the kitchen, buffet/hotel restaurants			
2.3 Use of PPE and other medical-grade protective apparel	Engineering Control: NoneAdministrative Control: School administrators shall allocate appropriate PPEs to teachers, canteen vendors, maintenance, and security guards.PPE: School personnel who are in contact with students and school staff (security guards, maintenance crew, canteen handlers, etc.) must wear cloth masks at all times	Engineering Control: None Administrative Control: Hotel Management shall allocate appropriate PPEs to its hotel staff (e.g. concierge, maintenance, guards, etc) PPE: Hotel staff who are in contact with guests (security guards, concierge, maintenance, etc) must wear cloth masks at all times	Engineering Control: None Administrative Control: None PPE: Drivers, Barkers, and conductors who are in contact with passengers must wear cloth masks at all times Personnel manning exits and entrances and those with high exposure to people entering must wear surgical mask	Engineering Control: None Administrative Control: None PPE: Attendees may wear cloth face masks during mass and other religious gatherings	Engineering Control: None Administrative Control: Governing body with jurisdiction over prisons shall appropriate funds to provide PPEs to its essential employees and inmates PPE:Provision of cloth face masks for inmates and detained individuals
3. REDUCE CONTACT		State of the second second			
3.1 Practicing Physical Distancing	Practice physical distancing (at least 1 meter apart) in all communal areas	Practice physical distancing (at least 1 meter apart) in all areas	Practice physical distancing (at least 1 meter apart) in all areas	Practice physical distancing (at least 1 meter apart) in all areas	Engineering Control: Placement of temporary barriers between inmates and non-residents
	Engineering Control: None Administrative Control: Restriction on mass	Engineering Control: Placement of red marking tapes on the floor of front desks, buffet, and other	Engineering Control: Placement of marks or temporary barriers in buses, trains	Engineering Control: Placement of marks to guide attendees during communion or offertary services and	Administrative Control: Practice physical distancing

	gatherings that will require close contact (e.g. school activities, flag ceremony if physical distancing is not possible, etc.) Provide platforms for online learning, adjustment of teaching methods and schedules to allow for physical distancing. PPE: Cloth mask for general public or surgical mask for symptomatic individuals	amenities to guide guests to stay at least one meter apart from each other Installation of temporary barriers in concierge, front desks, etc. Administrative Control: Limitation on the number of guests inside the hotel, amenities (pool, buffet, etc.), and other public places PPE: Cloth mask for general public or surgical mask for symptomatic individuals	Administrative Control: Passengers must keep a safe distance from other passengers Limitation on the number of passengers in public transportation including buses, jeepney, taxi, tricycles, and trains. Restrict motorcycle-sharing public transportation system PPE: Cloth mask for general public or surgical mask for symptomatic individuals	temporary barriers to separate attendees Administrative Control: If possible, religious authorities should release guidelines modifying religious practices to limit close contact, maintain physical distancing, and prevent cross-contamination of frequently touched surfaces and religious objects. Limitation on the number of attendees in churches and places of worship. But if possible, implement online religious services until further notice. PPE: Cloth mask for general public or surgical mask for symptomatic individuals	in all communal areas Temporarily suspend visitation privileges or provide alternative mechanisms (e.g. online visitations) Limit conduct of group activities within the facility Isolate symptomatic individuals PPE: Cloth mask for general public or surgical mask for symptomatic individuals
3.2 Modified Work Structures and Schedules, and alternative work arrangements	Engineering Control: None Administrative Control: Administrators should provide modified alternative structures and arrangements PPE: Cloth mask for general public or surgical mask for symptomatic individuals	Engineering Control: None Administrative Control: Administrators should provide modified alternative structures and arrangements PPE: Cloth mask for general public or surgical mask for symptomatic individuals	N/A	N/A	N/A

3.3 Limitation of non-essential services	N/A	N/A	N/A	N/A	N/A
3.4 Restriction on Mass Gatherings	Engineering Control: None Administrative Control: Restriction on large gatherings (e.g. school activities, field trips, sports festivals, and flag ceremony, if physical distancing is not possible, etc.) PPE: Cloth mask for general public or surgical mask for symptomatic individuals	Engineering Control: None Administrative Control: Limitation on the number of reservations to control the number of guests in the hotel PPE: Cloth mask for general public or surgical mask for symptomatic individuals	Engineering Control: None Administrative Control: Limitation on the number of passengers in vehicles, buses, trains, and other public transportation PPE: Cloth mask for general public or surgical mask for symptomatic individuals	Engineering Control: None Administrative Control: Provide multiple schedule of services or alternative practices to limit the number of attendees in religious services PPE: Cloth mask for general public or surgical mask for symptomatic individuals	Engineering Control: None Administrative Control: None PPE: Cloth mask for general public or surgical mask for symptomatic individuals
4. REDUCE DURATION OF IN	VFECTION				
Detection and isolation of Symptomatic Individuals (e.g. temperature scanning at entry points, symptom monitoring, etc.)	School administrators must provide alternative arrangements for students, teachers, and personnel (e.g. online meetings/classes, recorded classes, etc) with flu-like symptoms Engineering Control: None Administrative Control: School administrators and teachers must subject all students and personnel to temperature checks prior to entering the classrooms and facilities. PPE: Cloth mask for general public or surgical mask for symptomatic individuals	Engineering Control: None Administrative Control: Hotel Management must subject all guests and employees to temperature checks prior to entering the hotel PPE: Cloth mask for general public or surgical mask for symptomatic individuals	Individuals with flu-like symptoms must not go to any setting except for health-related concerns, if virtual consultation is not possible. Engineering Control: None Administrative Control: Operators and drivers must subject passengers to temperature checks prior to entering public transportation (e.g. buses and trains) PPE: Cloth mask for general public or surgical mask for symptomatic individuals	Engineering Control: None Administrative Control: Officiators and Religious Leaders must subject all attendees to temperature checks prior to entering the place of worship PPE: Cloth mask for general public or surgical mask for symptomatic individuals	Engineering Control: None Administrative Control: Immediate isolation of suspected, probable, and confirmed cases in designated areas within the facility PPE: Cloth mask for general public or surgical mask for symptomatic individuals

Intervention	Risk Severity ¹ Based on Classification Tool			
	Low	Moderate	High	
OBJECTIVE NO. 1 Increase Ph	ysical and Mental	Resilience		
Respiratory Hygiene and Cough Etiquette	Must Do	Must Do	Must Do	
Promote Mental Health	Must Do	Must Do	Must Do	
Reduce exposure of vulnerable individuals (e.g., senior citizens, individuals with underlying health conditions) to prevent infection	Can Do	Must Do	Must Do	
Provision of support for essential workforce (ex: financial, lodging, shuttle, food,etc.)	Can Do	Must Do	Must Do	
Provision of support for vulnerable groups (ex. Social Amelioration Programs, Food Assistance)	Can Do	Must Do	Must Do	
OBJECTIVE NO. 2 Reduce Tra	nsmission			
Personal Hygiene (e.g. handwashing with soap and water, sanitizing with hand disinfectants, etc.)	Must Do	Must Do	Must Do	
Environmental Hygiene (e.g. disinfecting surfaces and objects)	Must Do	Must Do	Must Do	
Use of PPE and other medical-grade protective apparel	Can Do	Must Do	Must Do	
OBJECTIVE NO.3 Reduce Con	tact			
Physical Distancing	Must Do	Must Do	Must Do	
Modified Work Structures and Schedules, and alternative work arrangements	Can Do	Must Do	Must Do	
Limitation on non-essential	Can Do	Must Do	Must Do	

Annex B. Risk Severity Grading and Risk-based Public Health Standards

¹ Takes into account the case doubling rate and critical care utilization rate

Limitation of non-essential Services	Can Do	Can Do	Must Do
Restriction on Mass Gatherings	Can Do (50 individuals max)	Can Do (10 individuals max)	Must Do
Closure of Schools OR use of alternative learning modalities (e.g., online/distance learning)	Can Do	Must Do	Must Do
OBJECTIVE NO.4 Reduce D	uration of Infection		
Detection and isolation of Symptomatic Individuals (e.g. temperature scanning at entry points, symptom monitoring, etc.)	Must Do	Must Do	Must Do

Annex	C.1.	Modification	Potential	Per	Setting ²
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Setting	Contact Intensity	Number of Contacts	Modification Potential	
Home	Low	Low	Low	
Public Places				
Groceries	Medium	Medium	Medium	
Wet Markets	Medium	Medium	Medium	
Parks, playground, and other outdoor recreation spaces	Low	Low/Medium	Low	
Athletic Fields	Medium	Medium	Low	
Pools	Medium	Low/Medium	High	
Beaches	Low	High	Medium	
Communities	High	High	Low	
Food and other service establi	shments			
Restaurants	Medium	Medium	Medium	
Shopping Malls	Low	Medium	Medium	
Salon, spas, and other personal care services	Medium/High	Low	Medium	
Gyms/Fitness studios	Medium	Medium	Medium	
Theaters, Museums	Medium	High	Medium	
Outdoor large venues (concerts, sports)	High	High	Medium	
Indoor large venues (concerts, sports)	High	High	Low	
Offices and workplaces	High	Medium	High	
Schools				
Childcare facilities (day care, play schools)	High	Medium/High	Low/Medium	
Schools (elementary and high school)	High	High	Low	

²Adopted from the *Public Health Principles for a Phased Reopening During COVID-19: Guidance for Governors, John Hopkins University (2020)*, and modified to local context.

Universities	High	High	High
Residence Hall and other dormitories	High	Medium	Low
Hotels and other Accommodations	Medium	Medium	Medium
Transport and Ports of Entry			
Buses, PUVs	High	High	Medium
LRT/MRT	High	High	Medium
Airplanes	High	High	Medium
Taxis	High	Low	Low
Ports of Entry	High	High	Medium
Places of worship	High	High	Medium
Prisons and other places of detention	High	High	Medium

Annex C.2. Basis of Assessment Rating for Modification Potential Matrix

G. 11. 1	Rating					
Criteria	Low	Medium	High			
Contact Intensity	Individuals are only in contact for a brief period of time and they can easily practice physical distancing at all times(e.g. walking past someone)	Individuals are in contact for a longer period of time and are fairly distant from each other (e.g individuals in restaurants who are separated by several feet apart)	Individuals are in prolonged close contact (e.g. inmates sharing communal prison cells), and may not be able to practice physical distancing at all times			
Number of Contacts	A few number of individuals in the setting at a given time	A small group of individuals in the setting at a given time	A large group of individuals in a setting at a given time			
Modification Potential	Risk of transmission can be reduced through the use and provision of Personal Protective Equipment (e.g wearing masks, face shields, coverall, etc.)	Risk of transmission can be reduced through administrative controls (e.g. enforcing limits on the number of people allowed within an establishment)	Risk of transmission can be reduced through engineering controls (e.g. installation of temporary barriers and placement of red marking tapes on the floor, etc.)			